

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran

Forecast valid from 06:00 on Tuesday 07 Mar 2023 until 23:59 on Wednesday 08 Mar 2023

Forecast Issued on Tuesday 07 Mar 2023 at 04:10 by Met Office Aberdeen

Confidence: High confidence in showery regime at first but becoming very low from Thursday with uncertainty on timing and track of low pressure from the southwest.

Headline for Tuesday 07 Mar 2023: Largely dry and sunny with some snow showers in the north. Severe wind chill most marked at first in strong summit winds.

Mountain weather hazards on Tuesday 07 Mar 2023

Blizzards

No Likelihood

Heavy persistent snow

No Likelihood

Storm force winds

No Likelihood

Gales

No Likelihood

Severe chill effect

High Likelihood

Poor visibility

No Likelihood

Thunderstorms

No Likelihood

Heavy persistent rain

No Likelihood

Strong sunlight

No Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
					
Sunny intervals	Sunny	Light snow showers	Light snow showers	Sunny	Clear night
Precipitation probability					
10%	<05%	20%	30%	10%	<05%

Forecast for Tuesday 07 Mar 2023

Weather: Some low cloud across Lochaber at first. This soon clearing to a largely dry morning with plenty of crisp sunshine. Patchy cloud builds with a few snow showers from late morning. Turning dry with clear skies towards dusk.

Chance of cloud-free hill tops above 800m: 80% but 30% in the north at first.

Low Cloud and visibility: Very good or excellent. Brief reductions in visibility in passing snow showers, with patchy cloud lowering onto summits as showers pass.

Forecast for Tuesday 07 Mar 2023

Height (m)	Wind Speed mean/gusts (mph)				Wind Direction (blowing from)		
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	22/26 NE	18/21 N	17/21 N	16/21 NW	13/16 N	12/14 N	10/12 NE
900	12/14 N	10/12 N	14/18 NW	14/19 NW	9/13 N	9/11 N	7/10 NE
600	10/12 NE	9/11 SE	13/17 N	13/17 NW	10/13 N	8/10 N	7/9 NE
300	6/7 N	6/8 N	10/14 NW	11/16 NW	6/10 N	3/5 N	3/5 N
Glen	3/4 N	6/8 NW	9/16 N	9/16 NW	4/8 N	3/5 NW	3/5 N

Height (m)	Temperature / Feels Like (°C)						
1300	-11/-21	-11/-21	-10/-20	-10/-19	-11/-19	-11/-18	-11/-17
900	-8/-15	-8/-14	-6/-13	-6/-13	-8/-14	-8/-15	-9/-15
600	-5/-11	-5/-10	-4/-10	-3/-10	-5/-10	-5/-10	-6/-10
300	-3/-6	-3/-6	-1/-5	-0/-5	-2/-6	-3/-6	-4/-6
Glen	-2/-4	0/-3	2/-1	2/-2	0/-2	-2/-4	-2/-5
Freezing Level*	00m	00m	00m	00m	00m	00m	00m

*Level above which ground is expected to be frozen/snow is expected to settle.

Met Office Aberdeen Meteorologist's View

Feeling very cold at all levels.

Forecast for Wednesday 08 Mar 2023

Weather: Dry with prolonged sunshine throughout the day across the region but feeling cold.

Maximum wind: Light and variable.

Chance of cloud-free hill tops above 800m: >90%.

Low Cloud and visibility: Good with generally cloud free skies.

Temperature: **Glens:** Minus 4 to plus 3 Celsius.
At 800m: Minus 10 rising to minus 5 Celsius.
Freezing level: 0m.